

BRUNCH



SAVORY CREPES buckwheat

(completely GF on demand)

La PARISIENNE12⁰⁰
cheese, ham, mushrooms, spinach, organic egg

La LILOU11⁵⁰
goat cheese, spinach, organic egg
(add walnuts +\$.50)

La FROMAGE8⁵⁰
cheese (add mushrooms + \$1)

La JAMBON/FROMAGE9⁵⁰
cheese and ham (add mushrooms + \$1)

La OMEGA13⁵⁰
salmon, avocado, organic egg, cheese

La NORVEGIENNE12⁰⁰
salmon, goat cheese, capers, dill, onions

La LARDON12⁵⁰
cheese, bacon, mushrooms, organic egg

La TOMATE10⁵⁰
cheese, tomatoes, onions, pesto

La BRIE/POIRE12⁰⁰
french brie, pear, honey & walnut

P'TIT DEJEUNER

SOFT BOILED EGG (xtra egg & toast +\$2)4⁵⁰
organic egg w/ sourdough bread + butter

OMEGA SOFT BOILED10⁵⁰
two organic eggs w/smoked salmon, avocado, sourdough bread + butter

La QUICHE du jour12⁵⁰
served w/ side salad

EXTRAS

ORGANIC EGG2⁰⁰

BACON3⁰⁰

SALMON4⁰⁰

SWEET CREPES vanilla wheat

(can be served with GF buckwheat batter on demand)

La NUTELLA9⁰⁰
served with fruits and house whipped cream

La SUCREE6⁰⁰
sugar, cinnamon, splash of lemon juice

La CONFITURE8⁵⁰
choice of jam: raspberry, strawberry, orange, apricot
and house whipped cream

La GALETTE au MIEL9⁰⁰
buckwheat crepe w/ honey,
walnuts & salted butter

La SUZETTE au GRAND MARNIER11⁵⁰
orange/lemon Suzette butter / candied orange bits and
flambéed w/Grand Marnier

LES CROQUES

served w/side salad

CROQUE-MONSIEUR13⁵

Hearty baked sandwich w/mountain cheeses,
cured ham & mornay sauce.

Eat with fork & knife

CROQUE-MADAME14⁵⁰

Same as the gentleman, but w/an egg on top

CROQUE-VEGETARIEN13⁵⁰

Topped w/tomatoes & onions, arugula
replaces the traditional ham

CROQUE-SAUMON15⁵⁰

Smoked salmon, arugula, onions & capers
replace the traditional ham

CROQUE-LARDONS15⁰⁰

A monsieur topped with bacon,
herbs & onions

CROQUE-FORESTIER14⁵⁰

A monsieur topped w/mushrooms & onions
(vegetarian on demand)

Consuming raw/undercooked meats, or eggs, may increase your risk of foodborne illness.

COFFEE & C.O.

TEA POT	3 ⁵⁰
FRESH MINT TEA	4 ⁰⁰
ESPRESSO/MACCHIATO	3 ⁵⁰
HOUSE COFFEE.....	3 ⁰⁰
CAFE CREME	4 ⁵⁰
CAFE or CHOCO VIENNOIS.....	5 ⁰⁰

CIDERS

BOUCHE BRUT 2016	9 ⁵⁰
<i>unfiltered, unpasteurized -- normandy</i>	
SAMUEL SMITH	6
<i>organic, medium-dry -- uk</i>	
MAELOC	5
<i>hard cider, dry -- spain</i>	

CHEERS

WINE SPRITZERS	8
MIMOSA OJ.....	8
MIMOSA APPLE.....	8
PANACHÉ	6
<i>lager + lime soda</i>	
MONACO	6 ⁵⁰
<i>lager + lime soda + grenadine</i>	

JUICES

FRESH SQUEEZE	8 ⁵⁰
<i>All or choice of:</i>	
<i>apple + orange + celery + carrot + beet + ginger</i>	
REGULAR OJ	3 ⁰⁰
REGULAR AJ	3 ⁰⁰

DIABOLOS

FRENCH HOME BLEND SODA.....	3 ⁵⁰
<i>Perrier sparkling water & syrup . Choice of:</i>	
<i>grenadine / menthe (mint) / orgeat (almond) / blackcurrant / cola</i>	